



## What to Bring for Your Northern Outdoors Rafting Trip

Our river trip orientation is the first meeting in the morning. After this initial trip meeting in the morning, you will have time to make last minute changes to your river gear or rent anything you need. Be ready to hit the river when you meet for the safety orientation, which happens shortly after. Everyone on the rafting trip, including any younger kids doing the lower section of the Kennebec or Penobscot Rivers, will need to be ready and dressed, with all gear. We get on the rafting shuttle bus and head directly to the river from the safety orientation.

### **Print off this tip sheet checklist and keep it handy:**

- Personal dry bag. Although not necessary, it's a nice way to carry any necessary personal items on the raft, such as water bottles, medication, or extra layers.
- Water-friendly clothing--quick-dry shorts and shirts, bathing suits, fleece or wool pullovers and hats in spring or fall, wetsuits (we rent 'em!), and windbreakers (these two!). No cotton clothing.
- Appropriate footwear that attaches to your feet: water shoes or river sandals (must have heel straps) or even old sneakers. No flip flops or crocs! We sell water shoes and rent booties if you forget them.
- Eyewear retainers, such as Chums, to secure your sunglasses or regular glasses. Also for sale at the front desk when you check in.
- Waterproof sunscreen
- Waterproof camera for capturing those incredible moments! Best option = GoPro, but don't worry - we'll also be snapping trip photos that you can purchase after your trip. If you would like to bring your cell phone, you'll need a waterproof case and have a way to secure it into the raft.
- Personal medication (e.g., asthma inhalers, epi pens, etc.): You must let your trip leader know in advance about any medical conditions -- advanced medical care can be several hours away once we're on the river.
- If you have a last minute purchase to make at our store before your rafting departure, you'll need your wallet handy. Please note that we cannot bill your room or cabin and we do not keep

your credit card on file with us. Then you can go back and leave your wallet locked in your cabin or car. We can't hold onto your wallet behind the front desk.

Don't bring anything on your trip that you aren't willing to lose! Seriously, leave valuables locked in your car or in your cabin. Jewelry, money and keys don't float. You can leave your keys at the front desk during your trip.

**Other Helpful Tips:**

Leave towels, change of clothes, etc. in your vehicle or cabin --the bus isn't locked or secured. Plus, it's just a 5-minute drive back to the lodge from the take-out.

Unless your reservation includes accommodations after your rafting trip, you must check out before the safety orientation.

If you have any additional questions about your river trip, please don't hesitate to call us at (207) 663-4466 or send our team an email at [info@northernoutdoors.com](mailto:info@northernoutdoors.com)

We can't wait to be on the river with you!